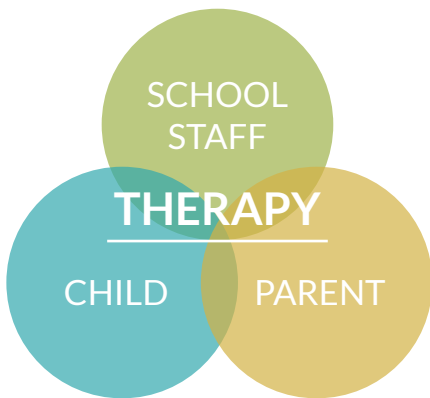




School Mental Health Centers (SMHC)

Vida Clinic SMHCs operate through an innovative collaboration with AISD Comprehensive Health. Vida Clinic is a practice specializing in school-based mental health. Vida Clinic’s culturally sensitive SMHCs give access to quality mental health care for individuals who might previously have experienced barriers to getting therapeutic support.

Our campus-based clinics provide access to ongoing mental health services for students, families, teachers, and administrators.



Ecological Model of Care

ADVANTAGES OF VIDA CLINIC SMHCS

- We get clients in for services quickly.
- We work with youth and adults.
- Parents do not miss work to take students to therapy.
- Students miss minimal school to attend sessions.
- Services are provided year-round
- We destigmatize mental health issues on school campuses.
- We create a system of care for our youth where families and educators are involved in their healing process when appropriate.

CONTACT INFORMATION

- Your Campus counselors and administrators
- Vida Clinic Care Team - 512-518-2209
vidacare@vidaclinic.org
- Shechem Sauls
AISD School Mental Health Center Coordinator
713-256-3839
shechem.sauls@austinisd.org
- Tracy Spinner, M.Ed. - Director AISD Comprehensive Health Services 512-414-9778
tracy.spinner@austinisd.org

SERVICES PROVIDED

- Clinical assessments
- Ongoing individual therapy
- Family counseling
- Consultations & collaboration with school staff and community providers.
- Crisis support

SCHOOL MENTAL HEALTH CENTERS ARE:

- Person-Centered
- Trauma-Informed
- Culturally-Inclusive
- Evidenced-Based
- Confidential
- Easily accessible

Vida Clinic Services are available on the following campuses

Anderson High	Guerrero-Thompson Elementary	Norman-Sims Elementary
Andrews Elementary	Gus Garcia YMLA	Northeast (formerly Reagan)
Austin High	Harris Elementary	Early College High
Barbara Jordan Elementary	International High	Oak Springs Elementary
Bedichek Middle	Kocurek Elementary	Overton Elementary
Bertha Sadler Means YWLA	Langford Elementary	Padrón Elementary
Blanton Elementary	LBJ Early College High	Palm Elementary
Blazier Elementary	Liberal Arts and Science Academy	Pecan Springs Elementary
Bowie High	Lively (formerly Fulmore) Middle	Perez Elementary
Burnet Middle	Martin Middle	Pillow Elementary
Casey Elementary	McBee Elementary	Travis High
Cook Elementary	McCallum High	Wooldridge Elementary
Crockett High	Menchaca Elementary	Wooten Elementary
Dobie Middle	Murchison Middle	
Doss Elementary	Navarro (formerly Lanier) Early	
Eastside Memorial High	College High	

Interested in starting services for a student?

1. Talk with your child’s counselor or administrator about how to refer your child to a therapist.
2. Sign a Consent to Refer to be contacted by the Vida Care Team.
3. Complete the student intake with the SMHC therapist.